

ELSA TRAINING 2025

Information on ELSA

WHAT IS ELSA? (EMOTIONAL LITERACY SUPPORT ASSISTANT)

Emotional Literacy Support Assistants (ELSAs) are individuals trained to provide support and interventions to children struggling with social and emotional difficulties. ELSAs use evidence-based approaches to help improve children's well-being and resilience. ELSA training equips school staff with knowledge, skills, and ongoing support. This enables them to deliver high-quality early intervention to support individual or small groups of children or young people with social, emotional and mental health needs.

WHAT DOES ELSA INVOLVE?

ELSAs will undergo 6 days of intensive training delivered by EPs during Summer Term 2025. Training will cover key areas such as 'Emotional Literacy', 'Bereavement and Loss', 'Neurodiversity', and 'Friendship Skills'. This training includes ongoing support through half-termly supervision sessions facilitated by EPs. These sessions offer a safe space for ELSAs to share resources, problem-solve, and receive peer and EP support

WHO IS ELSA FOR?

This training is designed for Teaching Assistants (TAs) or Learning Support Assistants (LSAs) who will be directly implementing interventions. To effectively fulfil this role, ELSAs require dedicated time for training, regular supervision, and the delivery of 1:1 or small group interventions. The training is suitable for a range of settings, including early years, primary, secondary, and post-16 education, and we currently have successful ELSA programs operating in each of these areas

WHAT DOES TRAINING INVOLVE?

- 6 days of training (face to face) during the Summer Term 2025.
- Half termly group supervision (2hrs) provided by a qualified EP.
- Access to a local support network and updated resources.
- Access to the national ELSA network.
- Trained staff will be added to the local register of ELSAs*, providing confirmation that you are delivering evidence-based social, emotional & mental health (SEMH) interventions

**All ELSAs who have attended the full ELSA training course, continue to access half termly supervision and are actively delivering bespoke interventions to individual or small groups of children and young people will have their details added to the LA ELSA register.*

ELSA Training

2025 Prices:

The cost of the Summer 2025 ELSA Training Programme is £750 per staff member

ELSA Supervision

2025 Prices:

Trained ELSAs can access our Supervision Package for £136 per ELSA. This includes 6 sessions from April 2024 to April 2025

Training Dates 2025

Summer 2025 ELSA Training Dates:

Wednesday 21st May (Day 1)
Wednesday 11th June (Day 2)
Wednesday 18th June (Day 3)
Wednesday 25th June (Day 4)
Wednesday 2nd July (Day 5)
Wednesday 16th July (Day 6)

Time: 09.00-15.00

Location: TBC



Contact Details

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